Hello and welcome to Farmers & Fletchers In the City December newsletter. As we seem to be truly in the grip of winter and the run up to Christmas, we thought you would like to know what we have on offer for the festive season. Please feel free to forward to anyone of your colleagues, business associates or friends and family who may find the topics useful.

Make time for others



sounds and sensations, all combine to create an atmosphere of excitement and expectation. Christmas is a time for Celebration, for spending time with loved ones and generally for over indulgence. It's the time when we catch up with friends old and new, when we share gifts and create memories.

It may therefore surprise you to know that nearly half a million people over the age of 75 will spend Christmas on their own in the UK. (Source: Age UK) It seems that their

Just thinking of Christmas is an assault on the senses: the sights, the aromas, the

families live too far away or overseas, they are infirm, or simply haven't been invited anywhere for Christmas. Loneliness is a year round issues but it can be felt more acutely at Christmas time. Loneliness can make people feel isolated and depressed, but we have the power to change this by spending just a little bit of time. That's right let's spend time not just with those we care for, but also with those who would enjoy some company. If each of us in turn can just give a few minutes of our time then we can make a real difference.

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# the way you want it I know it's December but it's not too late to arrange a celebration, you still have time to

Your Christmas celebration

party with clients, colleagues, friends, family and associates. We cater for more intimate and select gatherings from 30 to 80 diners, with or without entertainment.



### Winter and particularly Christmas is the season of fun, merriment and indulgence. We all recognize the smell of Christmas spices that evoke timeless memories: cinnamon;

Winter Menu

clove; nutmeg; ginger; sage and parsley. Scottish smoked salmon, turkey and ham with all the trimmings and mince pies and Christmas pudding, are timeless favourites for many of us. However, when it comes to food and beverage we like to offer something different, something that sets us apart and our winter menu is no exception. Designed to by our award winning Chef to be an assault on the senses: it will smell wonderful, it will look fabulous, it will taste heavenly and it will make you feel very special.

We have come up with some exceptional dishes that celebrate British seasonal game, fish, vegetables, fruits and spices, so let us share some of the highlights with you.

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Made from two classic Sauternes grapes Semillon (60%) and Sauvignon (10%) form the major part of the blend, but it is the additional 30% of Muscadet that gives Fonmourgues its true character. Produced by Dominique Vidal the owner of Domaine Fonmourges. Unlike many other vineyards the operation of this tiny estate is managed

by hand. Everything from harvesting to bottling, so it comes with a real personal touch.

Luxuriously rich and gloriously sweet, this is not so much a rival to Sauternes as an

enjoyable alternative.

It has a bouquet of honey and spice, long lasting with a hint of quince jelly. Delicious with a simple fruit salad, however, it is one of the few wines that can stand up to chocolate puddings and so we would pair it with

'White chocolate parfait with orange syrup' from our winter menu.

However, for those without a sweet tooth order our cheeseboard and pair with Roquefort.

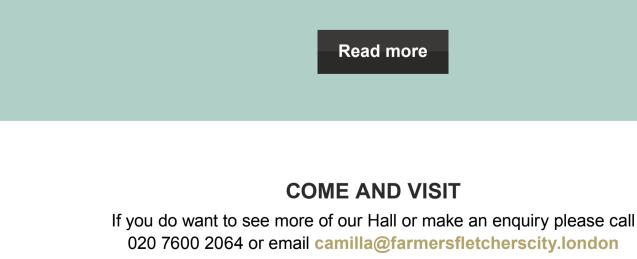
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