

Why do we give Easter eggs?



This Easter we will no doubt give an Easter egg to a child, friend or loved one, but do we ever stop to think about the symbolism of the Easter Egg. What is its history and why do we give Easter eggs? Well if you don't already know, here's your opportunity to find out...

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NEW SPRING MENU



The signs of spring are all around us: daffodils, crocus and primrose, apple and cherry blossom on the trees and Easter just around the corner. Spring is a time for new birth when we wake up from sleepy winter and everything comes to life. To mark the change we have created a spring menu with mouth watering dishes featuring seasonal meat, fish and vegetables. For starters why not try our crab and crayfish salad, bloody Mary dressing, lemon oil or

and watercress we suggest: Roast beetroot salad, toasted almonds and cauliflower cous cous, watercress and wild garlic mayonnaise. Watercress is low in calories and bursting with vitamins and minerals; cauliflower is also low in calories, is an excellent source of vitamin C, K and B6 so it's an all round healthy option... Read more

crispy salted chicken skin. Or to make the best of seasonal vegetables like cauliflower



Do you have your own sandwich recipe, a particular favourite that you like to make? Perhaps it is something that is unique to you, your family, friends or the organization

British Sandwich Week

April we will be inviting you to enter our competition to create the best sandwich you can. The winning sandwich will become Farmers & Fletchers In the City's signature sandwich and will feature on our menus. We are looking for new, interesting and quirky ideas. All we ask is that all of the ingredients are either grown here or can be found on British farms and around our shores. Full details of how to enter will follow in next month's newsletter. Time to start creating, customizing and tasting.

you work for? In May it is British sandwich week, so in



FINALIST

Best Livery Hall

we have only been open since September 2015 we're certainly making a splash. If you haven't seen our venue yet and wonder what all the fuss is about then please come and see what makes us different. Whatever event you are planning in 2016 whether it's a Corporate or Livery event or a personal celebration please remember we are just a phone call away.

THE LONDON VENUE AWARDS

Please call 0207 600 2064 and we will be delighted to make an appointment to show you round.



GET IN TOUCH

+44 (0)20 7600 2064

Farmers & Fletchers In the City

Our office hours are Monday to Friday, 9.00am - 5.00pm

3 Cloth Street, London EC1A 7LD www.farmersfletcherscity.london